



- Saturday, September 24
- Registration/ check in/ inflatables/ food begins @ 5pm
- Race begins @ 6pm
- Runners of all ages welcome to register for mud, obstacles, color, mountain, valleys, and FUN
- Register at muddybuddy.run

## **MIDDLE/HIGH DROP OFF**

Parents, please drive around the back of the school building, and let your student come into the school at the back school foyer doors.

All kindergarten, new, and 7th grade students need updated vaccination forms faxed to Nurse Mandy at 301-777-3497. Please remember do not send medication to school with your student. All medications are required to have a physician's order.

## The Light

## Weekly Newsletter September 15, 2022



- Thursday, September 15 Girls' volleyball game @ home 5pm
- Friday, September 16 Soccer game @ Grace Academy
- Saturday, September 17 Girls' volleyball game 10am @ Paw Paw
- Tuesday, September 20 Soccer game @
  Shalom Christian Academy 5pm

ONE DOLLAR dress down Fridays are BACK! Students must turn in \$1 to their teacher to be able to dress down. If they do not have \$1, parents will be called.

Please return Title I papers by Thursday Sept 22.

## Lunch Menu

Monday: Hamburger or cheeseburger, chips, coleslaw and fruit Tuesday: Quesadilla, refried beans, salad and fruit Wednesday: BBQ, plain or buffalo chicken bites, macaroni and cheese, chips and ice cream Thursday: Meatball sub, parsley potatoes, mixed vegetables and a cookie

**Friday**: Subway ham or turkey sub, chips and a cookie